

Little Scholars Learning Center

Weekly Food Calendar

Balanced meals designed for growing minds 



Menu 1

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk, Cheerios, Orange	Milk, Cornflakes, Banana	Milk, Oatmeal Squares, Apple	Milk, Cheerios, Fruit Cocktail	Milk, Cornflakes, Orange
Lunch	Milk, Beef Hotdog, Corn, Fruit Cocktail	Milk, Sunflower Butter & Jelly, Green Beans, Apple	Milk, Chicken Quesadilla, Mixed Vegetables, Banana	Milk, Scrambled Eggs, Corn, Banana	Milk, Grilled Cheese, Broccoli, Apple
PM Snack	Graham Crackers, Apple Juice	Gardetto's, Orange Juice	Animal Crackers, Apple Juice	Club Crackers, Apple Juice	Cheez-Its, Orange Juice
Supper	Milk, Pasta with Beef, Green Beans, Apple	Milk, Rice with Chicken, Mixed Vegetables, Orange	Milk, Meatballs & Spaghetti, Corn, Banana	Milk, Pasta with Chicken, Green Beans, Apple	Milk, Beef Nachos, Broccoli, Fruit Cocktail

Menu 2

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk, Cornflakes (Whole Grain), Orange	Milk, Cheerios, Apple	Milk, Oatmeal Squares, Banana	Milk, Cornflakes, Fruit Cocktail	Milk, Cheerios, Peach
Lunch	Milk, Beef Mac & Cheese, Green Beans, Peach	Milk, Eggs, Whole Wheat Bread, Corn, Banana	Milk, Beef Hotdog, Corn, Apple	Milk, Grilled Cheese, Broccoli, Apple	Milk, Chicken Quesadilla, Green Beans, Apple
PM Snack	Graham Crackers, Orange Juice	Chex Mix, Fruit Punch	Gardetto's, Orange Juice	Animal Crackers, Apple Juice	Goldfish, Orange Juice
Supper	Milk, Rice with Chicken, Green Beans, Apple	Milk, Beef Meatballs & Spaghetti, Mixed Vegetables, Orange	Milk, Pasta with Beef, Green Beans, Banana	Milk, Chicken Alfredo, Mixed Vegetables, Peach	Milk, Beef Nachos, Corn, Seasonal Fruit

** Little Scholars Learning Center reserves the right to substitute any menu item with one of similar nutritional value.

** Please notify the Office Manager or Director if your child has any food-related allergies.